



The Gourmet Cupboard

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Meals of the Month Club Recipes *- October, 2018 -*

Below are the recipes that come with this month's Meals of the Month Club buy for you to enjoy!

Italian Stuffed Shells (using Spinach Dip)

Cabbage Soup

7 Layered Bean Soup

Chicken and Dumplings

Shredded Chicken Nachos (using Mexican Fiesta Dip)

Beer Braised Beef in Crock-pot

Asian Pork Wraps

7 Layered Bean Soup

Water

16 oz can chopped tomatoes

Beer Braised Beef in Crock Pot

Requires:

2 ½ lb. lean beef stew meat cut into 1 ½ inch pieces

1 (12 oz) can of beer

Asian Pork Wraps

Requires:

1 lb boneless pork loin or roast

Tortillas

Optional: coleslaw

Italian Stuffed Shells

2 lbs. ground meat

½ med. onion, diced

1 T. minced garlic

2 (8 oz.) pkgs. cream cheese

2 pkgs. SPINACH DIP MIX

¾ c. three cheese blend (parmesan, Romano, and Asiago Cheeses)
salt and pepper to taste
1 lg. egg
1 (16 oz.) pkg. jumbo pasta shells
16-24 oz. spaghetti sauce

Cook ground beef, adding onion and garlic until browned. In large bowl, mix meat with cream cheese and SPINACH DIP MIX. Add shredded cheese, salt, and pepper. Let cool. Add egg. This filling can be made one day in advance and refrigerated until ready to use. Cook pasta shells in boiling salted water. Drain and cool. Stuff the shells with the meat mixture. Place the shells in a large baking dish and cover with spaghetti sauce. Cover with foil and bake at 350 for about 45 minutes.

By Kista Taylor from Lawton, OK

Chicken and Dumpling Soup

Yields over 10 cups.

Requires:

4 chicken breasts
1 cup of milk
2-3 packages of 8 count refrigerated biscuits

Shredded Chicken Nachos

Requires:

2 cups of shredded chicken (you can use store bought rotisserie chicken if desired)
2 Tbsp. Mexican Fiesta Dip Mix
¼ cup enchilada sauce
Tortilla chips
Grated cheese

Any of your favorite nacho toppings: sour cream, black beans, refried beans, green chilies, bell peppers, onions, guacamole, jalapenos, olives, etc.

Put cooked, shredded chicken into a bowl and add Mexican Fiesta Dip, and enchilada sauce to moisten. Spread your chips onto foil lined cookie sheet, top with chicken, cheese, and any other toppings you want to be warmed. Bake at 350 for a few minutes until cheese is melted.

Cabbage Soup

Makes 8 cups.

Requires:

1 (10oz) can cream of celery soup
1 (10oz) can cream of broccoli soup
1 (16oz) bag of shredded cabbage
1 cup sour cream